

Health & Social Care Year 11 Learning Journey

Congratulations -
end of your Tech
Award in HSC
Journey!!

BMI **Blood pressure**
Peak flow **Pulse**
Lifestyle Data
SMART Targets

Revision for Component 3

Resit of controlled assessment if
required

Half Term 5

Visit to
local care
Home

Link - Year 10
Component 2 HSC
Services

Complete care values demonstration and
assignment 4 - 15% of overall grade

Component 2 - HSC services & Values

Half
Term 4

Measuring
health and
planning to
improve
health and
wellbeing

Half Term 3

February - Controlled Assessment for
Component 3 - 40% of overall grade

Link - Year 10 Component 1
Factors affecting
development

Link - Year 10
Component 1 impact of
life events

What factors affect our health & wellbeing
and what is the impact on us?

Genetic inheritance
Ill health **Diet**
Exercise **Drugs**
Stress
Social interactions

Component 3 - Health & Wellbeing

Practice
demonstration of
care values!

Half Term 2

What are HSC care values
and why are they
important?

Component 2 - HSC Services & Values

Half Term 1